

FCA Girls Black Mountain
Competitor's Challenge Coach Reference

Applicant name _____ **Grade (Fall 2018)** _____ **Sport(s)** _____
Coach's Name _____ **Email** _____ **Phone** _____

The applicant is requesting participation in a special track at the girls FCA Black Mountain Camp. This "Extreme Competitor" session requires each athlete to extend themselves physically and mentally. We are looking for girls who will embrace the challenges, never say "I can't" or "I quit," and are eager to work together in difficult circumstances with their team members. Each girl is required to have a coach fill out the following assessment about their athletic abilities, toughness, and role on their teams. We ask that you fill out this form, place it in the addressed and stamped envelope the athlete will provide, and pop it in the mail ASAP. Please be as honest as you can in your assessment. Thanks in advance for helping us identify the right girls to admit into this very special and challenging program. Additional comments can be written on the back.

	1 (Very poor)	2	3 (Truly average)	4	5 (Exceptional)
Leadership qualities she displays on your team					
Natural giftedness as an athlete					
Ability to adjust quickly to new skills, circumstances, and challenges					
Eagerness to cooperate/ please/have great attitude					
Will work within the context and for the good of the team (unselfish)					
Will embrace new challenges, even when fearful (Think high ropes challenges)					
Capability to strenuously run/hike/conquer obstacles over the course of 3-4 miles					
Willingness to get seriously "down and dirty" (sweat, mud, water etc)					
"Staying power" (not wanting to quit)					

Mail form to: FCA Girls Black Mountain Camp c/o Triangle FCA 4600 Marriott Dr. Suite 120 Raleigh, NC 27612