

Middle School Winter Retreat 2020

RETREAT SCHEDULE

FRIDAY

Eat Dinner prior to arrival

SATURDAY

Breakfast

Scrambled eggs, bacon or sausage, grits,
biscuits, cereal, fruit

Lunch

Chicken filet sandwich, fries or tater tots

Supper

Pizza Casserole, salad, breadsticks

SUNDAY

Breakfast

Scrambled eggs, bacon or sausage, grits,
biscuits, cereal, fruit



LET'S GO
FELLOWSHIP OF CHRISTIAN ATHLETES